

## PROFESSIONAL MEETINGS AT THE SANA ACADEMY 2016

Bologna, 9<sup>th</sup> September – There will be three key appointments for professionals from the sector of organic and natural products that SANA will be including in its twentieth edition as part of the **SANA ACADEMY** programme. The meetings, held in the Sala Madrigale, will examine some of the latest issues concerning the sector and will include speeches from high profile individuals involved in the field.

“Collagen and Photo-aging: prevention between **“Cosmetofoods and Food Grade Cosmetics®”** is the subject of the first seminar, planned for Saturday 10<sup>th</sup> September at 10.30am. Professor **Stefano Manfredini** of the University of Ferrara and his research group of Dr. Silvia Vertuani, Paola Ziosi and Erika Baldini, will introduce the strategies for best conserving our collagen, supplementing it through nutrition and combining this with appropriate protection with solar products.

Again on Saturday, at 3pm, will be the meeting **“The Mediterranean diet as a nutritional strategy to maintain good health at every age and live a long life”**, the details of which will be illustrated by Professor **Claudio Franceschi**, pioneer of research into centenarians and longevity, together with Dr. Aurelia Santoro and Dr. Rita Osta of the University of Bologna, coordinators of the European project NU-AGE.

At 3pm on Sunday 11<sup>th</sup> Professor **Renato Bruni** of the University of Parma will lead a voyage of discovery into the bio-transformations that take place within the intestine and the consequent bioavailability of the phytochemical substances that we ingest. The title of the meeting is **“Bioavailability of phytochemical substances: the intestinal bio-transformations and their consequences on the study of polyphenols.”**

The programme for the SANA Academy with summaries of the speeches is available on: <http://www.sana.it/iniziative/sana-academy/4712.html>

### For further information

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